DOCUMENT RESUME

ED 449 126 SP 039 700

AUTHOR	Frost, Helen
TITLE	The Grain Group. The Food Guide Pyramid.
ISBN	ISBN-0-7368-0538-9
PUB DATE	2000-00-00
NOTE	24p.; Consulting Editor: Gail Saunders-Smith. Consultant: Linda Hathaway. For other books in the series, see SP 039 696-697 and SP 039 699-703.
AVAILABLE FROM	Pebble Books, Capstone Press, 151 Good Counsel Drive, P.O. Box 669, Mankato, MN 56002 ($9.95). Web site: http://www.capstone-press.com.
PUB TYPE	Books (010) -- Guides - Non-Classroom (055)
EDRS PRICE	Document Not Available from EDRS.
DESCRIPTORS	Child Health; *Comprehensive School Health Education; *Eating Habits; Elementary Education; Elementary School Students; *Grains (Food); Health Promotion; *Nutrition Instruction
IDENTIFIERS	*Food Guide Pyramid

ABSTRACT

This booklet for young children is part of a series that supports national science standards related to physical health and nutrition, describing and illustrating the importance of using the Food Guide Pyramid and eating sufficient servings of grains. Colorful photographs support early readers in understanding the text. The repetition of words and phrases helps early readers learn new words. The book also introduces early readers to subject-specific vocabulary words, which are defined in a section on words to know. The eight sections include: "The Food Guide Pyramid," "The Grain Group," "Foods in the Grain Group," "Servings," "Words to Know," "Read More," "Internet Sites," and "Index/Word List." (SM)

Reproductions supplied by EDRS are the best that can be made
from the original document.